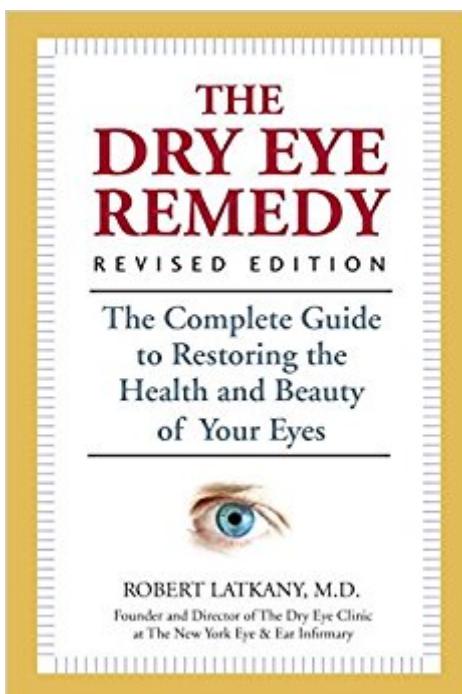


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# The Dry Eye Remedy, Revised Edition: The Complete Guide To Restoring The Health And Beauty Of Your Eyes



## Synopsis

New edition of the best-selling, practical guide to help dry eye sufferers improve their vision, reduce wrinkles and redness, and restore overall eye health. Includes up-to-date information on medications, procedures, testing, after-care, and more. It can happen any time. Your eyes feel tired. You rub them. You look at yourself in the mirror and see lines, wrinkles, bags, redness that was never there before. Approximately 100 million people worldwide suffer from dry eye (also known as dysfunctional tear syndrome). Traditional solutions, such as eye drops and eyelid surgery, may actually make the problem worse. Dry eye affects not only your eye's appearance and your vision; it is often linked to skin conditions and other eye diseases such as glaucoma. The Dry Eye Remedy, Revised Edition brings the same wealth of knowledge from the first book on practical ways to restore eye health with new updates from the field put together expertly by Dr. Robert Latkany, the founder and director of the Dry Eye Clinic at the New York Eye & Ear Infirmary. The Dry Eye Remedy, Revised Edition is the first book to give dry eye sufferers simple and practical ways to restore eye health and appearance without surgery, including: New resources for dry eye sufferers, including new tests for dry eyes, after-care procedures, and major changes to future therapy. The latest in cutting-edge research, including which medications and procedures may help and which to avoid. Easy environmental and lifestyle changes to help you look and feel better. The Dry Eye Remedy, Revised Edition is the essential tool to ensure there is "not a dry eye in the house."

## Book Information

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## Customer Reviews

"Exceptionally well written, organized and presented, this fully updated and expanded edition of The Dry Eye Remedy is impressively 'reader friendly' in content and commentary from beginning to end." - Micah Andrew, Midwest Book Reviews

Robert Latkany, M.D., a board-certified ophthalmologist, is the founder and director of the Dry Eye Clinic at the New York Eye and Ear Infirmary as well as the Dry Eye Center of New York, the first center in the area devoted to dry eye disorders. A graduate of Columbia University and the Boston University School of Medicine, he now lives and practices in the New York area, where he is actively involved in dry eye research.

My ophthalmologist suggested I read this book and I'm glad I did. As a dry eye sufferer, I found this book full of useful information. It's a fast and easy read that's extremely informative without being too technical or filled with medical jargon.

Clear helpful answers to dry eye problems. Although I do see this excellent doctor for my dry eye problems, the book held a number of helpful tips. I write using my computer often and this book allows me to look up different discomforts and find often find quick relief.

I was recently diagnosed with dry eyes. This book was very informative and explained symptoms, diagnosis and treatments.

I have learned some techniques to help me treat dry eyes more effectively.

I've been scouring the internet for months looking for information on symptoms that can only be described and that had no name or diagnosis. Turns out that "dry eye" is not given particular attention in Ophthalmology schooling, and this particular author has dedicated his life to the study of "dry eye" being a dry eye sufferer himself. I was fortunate to stumble upon this book that was mentioned in a forum by a dry eye/blepharitis sufferer who highly recommended the book.

half way with my reading but the sentence structure makes it easier to read.

A necessity for anyone suffering from dry eye!

This book was a huge disappointment. I expected significant updates on treatments and research. Instead this is basically the same book as the 2007 original edition-in fact most chapters are identical to the original The main updated information seems to be a few pages on diagnostic tests and on some drugs still undergoing research.

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